

# WILLOWBROOK SWIM & DIVE

## 2026 SEASON

E-MAIL ADDRESS: [WILLOWBROOKSWIMTENNIS@GMAIL.COM](mailto:WILLOWBROOKSWIMTENNIS@GMAIL.COM)

### IMPORTANT DATES

- May 27: Cap Order Deadline (10pm)
- June 8: Suit Order Deadline (10pm)
- June 15: Pre-Season Practice Schedule Begins
- June 25: Time Trial 4:30pm
- June 26: Time Trial 4:30pm
- June 27: Time Trial 9am
- June 29 Regular Practice Schedule Begins
- TBD: Season Wrap Up Dinner

### DUAL MEET SCHEDULE

- Tuesday, July 7: TBD vs Pound Ridge
- Thursday, July 9: TBD vs Briarcliff
- Tuesday, July 14: TBD vs Mount Pleasant
- Thursday, July 16: TBD vs Yorktown
- Wednesday, July 22: TBD vs Mount Kisco

### "B" MEET SCHEDULE

#### SWIM

- Wednesday, July 6th vs TBD
- Wednesday, July 20th vs TBD
- Wednesday, July 27th vs TBD

#### DIVE

- Monday, July 13 vs TBD
- Monday, July 27 vs TBD

### PRE-SEASON PRACTICE SCHEDULE

- **SWIM** 10 & Under: 4:30-5:30pm
- **SWIM** 11 & Over: 4:30-6:00pm
- **DIVE**: 5:00-6:30pm

### DIVE TEAM

#### Regular Practice Schedule

MORNING PRACTICE:  
5:00-6:30pm (Monday-Friday)  
11:00 am-12:00 pm (Tuesday & Thursday)

### SWIM TEAM

#### Regular Practice Schedule

MORNING PRACTICE:  
Monday-Friday  
10 & Under: 10:30-11:30am  
11 & Over: 10:30am-12:00pm

AFTERNOON PRACTICE:  
Monday-Friday  
10 & Under: 4:30-5:30pm  
11 & Over: 4:30pm-6:00pm

### CHAMPIONSHIPS

- July 29: Dive Championships
- July 30: Dive All Stars
- August 1: Swim Championships
- August 2: Swim All Stars

### USEFUL LINKS

[Northern Westchester Swim Conference Website](#)  
[Link to Pool Locations](#)

